# 國立台灣科技大學 114學年 第2學期　課程大綱

## Spring 2026 NTUST Course Outline

授課教師：蔡尚明

Instructor:TSAI SHANGMING

課程名稱：體育(撞球)(下)

Course Title：Physical Education (Billiard) (II)

2026/11/3

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| 課程代號： PE127B011<br>Course Code<br>學分數： 0<br>Credits | 必選修：必修/全學年<br>Required/Electve:Required/Full Yr.<br>先修課程：<br>Prerequisites |
| 節次教室： M10() M9()<br>Time/Location | |
| 專業核心能力：<br>Core Professional Competencies | |
| 課程網址： 中華民國撞球總會，世界司諾克、花式撞球錦標賽<br>Course Website | |
| 課程宗旨：<br>Course Objectives | 1.場館安全介紹、講解撞球規則與運動安全及當今國內外撞球趨勢。<br>2.撞球禮儀、器材認識、擺球、握桿與架桿練習。<br>3.運桿及衝球練習<br>4.瞄準點、接觸點練習與定桿練習。<br>5.拉桿及推桿練習。<br>6.個人及雙人戰術攻守練習。<br>7.模擬比賽練習。 1.Introduction of billiard room safety, billiard rules, exercise safety, and the trend of international billiards nowadays.<br>2.Practice of billiard propriety, knowledge of equipment, putting ball, holding cue, and bridging.<br>3.Practice of prepositive shot and breaking shot.<br>4.Practice of aiming point, touching point, and stopping shot.<br>5.Practice of drawing shot and following shot.<br>6.Individual and double practice of tactical attacking and covering.<br>7.Practice of mimic contest. |
| 課程大綱：<br>Outline of Lectures | |

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| | 1.瞭解撞球運動的各種擊球技術。1.Demonstrating to understand the various of techniques of billiard.<br>2.展現並提升正確的撞球基本技巧、擊球技術及競賽能力。2.Demonstrating correctly the basic technical, alliance technical and competition capacity of billiard,and the ability of competing.<br>3.瞭解撞球比賽規則及戰術運用。3.Demonstrating to understand the rules and strategies of billiard.<br>4.培養球場禮儀與運動風度4. Application of the billiard competition rules and the scoring methods.<br>5.能欣賞撞球比賽，觀摩他人表現5.Watch the billiard contest and observe other people's technical actions performance.<br>6.能與人互動練習，建立團隊默契與規範6.Being able to interact with people and establish group norms, follow the rules and regulations.<br>1.課程介紹（複習與分組聯誼）<br>2.瞭解撞球運動的各種擊球技術，展現並提升正確的基本技巧、擊球技術及競賽能力<br>3.瞭解撞球比賽規則及戰術運用，培養球場禮儀與運動風度，能欣賞比賽觀摩他人表現<br>4.國內外賽事欣賞與複習，能與人互動練習，建立團隊默契與規範<br>5.14/1計分法、規則與練習<br>6.14/1計分法、規則與比賽<br>7.14/1排名比賽<br>8.14/1排名挑戰賽<br>9.8號球計分法、規則與練習<br>10.8號球計分法、規則與比賽<br>11.8號球排名比賽<br>12.8號球排名挑戰賽<br>13.9號球計分法、規則與練習<br>14.9號球計分法、規則與比賽<br>15.9號球計分法、排名比賽<br>16.14/1、8號球、9號球、10號球爭奪賽 |
| 授課方式：<br>Method of Instruction | 講授 Lecture：0%<br>分組討論 Group discussion：0%<br>案例研討 Case study：0%<br>操做練習 Practical exercises：0%<br>講授 Lecture：出席50%，期末考試50%% |
| 教科書：<br>Textbooks | 學姐王婉菱 Zerolling撞球訓練中心擔任教練/負責人<br>國立臺灣科技大學設計系<br>https://www.facebook.com/wan.ling.wang.2025 |
| 參考書目：<br>References | |
| 修課須知：<br>Notice | |
| 評量方式：<br>Grading | 出席50%，排名賽與期末考試50% |
| 備註說明：<br>Notes | |